

Parent's Name _____

Child's Name _____

Address _____

City _____ State _____ Zip _____

Email Address _____

Phone: Day _____ Evening _____

Camper year of birth _____ Camper grade _____

Position: A M D G

Org./Team _____ Jersey Size _____

List other campers you would like to see in the same group as your child: _____

Campers will be put in groups based on age & ability

Full Day Camp: June 27 - June 30
9am - 3:30pm Ages 7-16

Lunch (Full day camp only/add \$30):
 Yes No

Half Day Camp: June 27 - June 30
9am - Noon Ages 6-8

Payment Method Check Credit Card

  Exp. Date _____

Card # _____ CVV code _____

Signature _____

Mail Completed Form To:

Rochester Youth Camps LLC

20 Chelmsford Rd. • Rochester, NY 14618

585-739-1612

e-mail: info@RochesterYouthCamps.com



SUMMER LACROSSE CAMPS

The Rochester Knighthawks Summer Lacrosse Camps for boys & girls age 8-14. Come play and learn the fastest growing sport in North America from some of Rochester's pro players.



SUMMER HOCKEY CAMP

The Rochester Americans Summer Hockey Camp for players of all levels age 5-14. Improve your skills and learn some new techniques with 3 hours on ice a day, video sessions, off ice activities and more. Full Day and Half day camps available.



ELITE TRAINING CAMP

The Rochester Americans Elite Training camp for travel players age 9-14. This pro-style camp will incorporate NHL, AHL and Division 1 college drills that will push the players to their limit. Campers will learn the skills and discipline needed to help make their hockey aspirations a reality.



HOCKEY/LACROSSE SUMMER CAMP

Two Sticks Summer Hockey/Lacrosse Camp for boys age 8-14. Can't get enough hockey and lacrosse? This is the camp for you. Former Amerk Jason Cipolla heads up the hockey side while Nazareth Lacrosse Coach Rob Randall leads the lacrosse side. This camp culminates on Friday with a full day hockey/lacrosse tournament.

To receive a brochure or to obtain more information for any of the above camps, call 585-739-1612, e-mail info@rochesteryouthcamps.com or visit www.rochesteryouthcamps.com

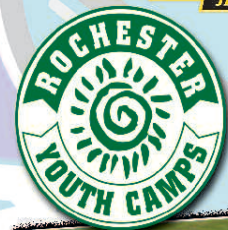


Rochester Youth Camps LLC
20 Chelmsford Rd. • Rochester NY, 14618
585-739-1612
www.RochesterYouthCamps.com

2011 ROCHESTER KNIGHTHAWKS BOYS OUTDOOR LACROSSE CAMP

JUNE 27 - JUNE 30 • AGES 6-16

At McQuaid High School



Grow with the Pros!
email: info@RochesterYouthCamps.com
585-739-1612
www.RochesterYouthCamps.com

Your Camp Instructors

Rob Randall:

- In his 10th season as head coach at Nazareth College
- Junior college all-american at Herkimer Community College
- Empire 8 Coach of the Year in 2001 and 2003
- Earned a degree in sociology from Nazareth in 1988



Cody Jamieson:

- Rochester Knighthawks 1st-round selection (1st overall) in the 2010 NLL Entry Draft
- Played college lacrosse at Syracuse and Onondaga Community College
- Recipient of the David Rowlands Award as the NJCAA Male Student-Athlete of the Year



Matt Vinc:

- Earned 2010 NLL Goaltender of the year honors, Two-time NLL All-Pro
- Works as a teacher in St. Catharines
- Earned a degree in secondary education from Canisius College



Joe Walters:

- Current Rochester Knighthawk
- In 2008, he helped the Rochester Rattlers to their first Major League Lacrosse title and was named the Playoff MVP
- Won a silver medal with Team USA at the 2006 World Lacrosse Championships in London, Ontario



Andrew Whipple:

- Current Pittsford High School Varsity Coach
- All time Section V leading scorer
- 3 time All- American at the University of Maryland
- ACC Rookie of the Year



Paul Jordan:

- Current McQuaid Jesuit High School Varsity Coach
- Former MCC Assistant Coach
- Former President and coach of Penfield Youth Lacrosse
- Coached the US Lacrosse Greater Rochester Festival team.



Bill Warder:

- Former Assistant Coach of the World Champion Rochester Rattlers
- Played his college lacrosse at Hobart winning the National Championship in 1993
- Received the Herbert Welker Award for scholarship, leadership and sportsmanship in 1995



Our Camp

The Rochester Knighthawks Boys Summer Lacrosse Camp presents your child with an opportunity to learn the fastest growing team sport in North America from some of Rochester's best professional and college players. Nazareth Head Coach Rob Randall, along with current Knighthawks Cody Jamieson, Matt Vinc and Joe Walters headline an all-star group of instructors that will offer new and unique camp features/activities that will both inspire and motivate your child like never before.

The camp will work on all aspects of the game as well as introduce your son to the finer points with drills that are used at the actual Knighthawks' practices. Through fun and challenging drills your child will learn a greater appreciation for the game of lacrosse. Every day will end with scrimmages so that the players can use the fundamentals they have learned in actual game situations. It doesn't matter if your player is a seasoned veteran or just learning the game, he will thoroughly enjoy the camp.

CAMP SESSION

At McQuaid High School

Full Day Camp Ages 7-16
June 27 - June 30 9am - 3:30pm

Half Day Camp Ages 6-8
June 27 - June 30 9am - Noon

***Special Session For Goalies**

Camp Features and Giveaways



- **Official Rochester Knighthawks Reversible Camp Jersey**
- **Rochester Knighthawks Camp T-shirt**
- **Ticket To a 2012 Knighthawks Game**
- **Picture And Autograph Session With Pro Instructors**
- **Special Sessions For The Goalies**

DAILY SCHEDULE

8:45-9:00	Campers Arrive
9:00-9:30	Warm-up and Stick Drills
9:30-10:15	Shooting and Individual Skills
10:15-10:30	Break
10:30-10:45	Pro Instructors Exhibition
10:45-12:00	Position Instruction (Full Day Camp)
	Games & Scrimmages (Half Day Camp)
12:00	Half day campers pick up
12:00-12:45	Lunch
12:45-1:45	Team Concepts
1:45-2:00	Break
2:00-3:30	Scrimmages
3:30	Full day campers pick up

Insurance Waiver/Release

I, _____ parent/guardian of the camper, hereby authorize the staff of the Rochester Knighthawks Lacrosse Camp to act for me according to his best judgement in any emergency requiring medical attention and, if necessary, seek and provide appropriate medical attention for the camper. I will be responsible for the costs of medical attention and treatment. I hereby waive and release the Rochester Knighthawks Lacrosse Organization, Rochester Knighthawks Lacrosse Camp, Rochester Youth Camps LLC, its employees, agents and camp staff and facility from any and all liability for injuries or loss of property incurred while attending the camp. Parents must notify camp staff prior to commencement of the camp of any special health needs.

Signature

Date

Parent or Guardian's Health Insurance Company:

Please list any specific health needs we should know about your child:

Pricing

Full Day Camp

Regular Rate **\$259**

Returning Camper **\$239**

Multi Sibling Rate **\$239**

Group Rate **\$229** (Min. 6)

Goalie Rate **\$159**

Half Day Camp

Regular Rate **\$159**

Returning Camper **\$149**

Multi Sibling Rate **\$149**

Group Rate **\$139** (Min. 6)

Goalie Rate **\$109**

(Group Rate for 6 or more FULLY completed registration forms and deposits coming in the SAME envelope.)
or call 585-739-1612 for other options.

Lunch, Add **\$30** and we will provide lunch every day (Pizza/sandwich with drink, fruit and dessert.)

A \$50 non-refundable deposit reserves your spot. Camp was sold out last year.. Don't delay and miss out on a great experience!

Plus many more pro instructors from the MLL & NLL will attend!

- CAMP SPONSORS -

Morgan Stanley
Doyle, Spencer, Cook Group



RENAISSANCE
DEL MONTE LODGE
HOTEL & SPA

Merrill Lynch
Katz Conklin Group



CONOLLY PRINTING

www.RochesterYouthCamps.com